

DISCLAIMER

Please read this Disclaimer carefully before using this website.

This website is owned by Annette Adams, RDN, LD/N.

By viewing or accessing this website or anything made available on or through this website, including but not limited to blog posts, videos, podcasts, downloadable documents, nutrition training programs or courses (collectively referred to as “website”), you are agreeing to accept all parts of this Disclaimer.

For Educational and Informational Purposes Only

The information provided in or through this website is for educational and informational purposes only. Use of the health-related information contained on this website does not constitute a doctor-patient or clinician-client relationship. Information contained here is intended as a self-help tool for your own use. The views on this website do not necessarily reflect the values, thoughts or opinions of the Academy of Nutrition and Dietetics or other professional health organizations.

Not Health Advice

While I am a registered dietitian nutritionist, the information contained in this website is not intended to be a substitute for individualized medical advice from a medical provider or counseling from a mental health professional. Although care has been taken in preparing the information provided to you, I cannot be held responsible for any errors or omissions, and I accept no liability whatsoever for any loss or damage you may incur. Always seek medical advice for your specific circumstances as needed for any and all questions and concerns you have now, or may have in the future.

Testimonials

I may publish success stories, experiences, testimonials and insights about others' experiences with my website or my services. These examples of success are of actual clients and results they personally experienced. They are not intended to guarantee or represent that these same results will happen in each and every client. These testimonials represent what is possible for the diverse people who use this website and content.

No Guarantees

My role is to support and assist you in reaching your own goals, but your success depends primarily on your own effort, motivation, commitment and follow-through. I cannot predict and I do not guarantee that you will attain a particular result, and you accept and understand that results differ for each individual. Each individual's results depend on their personal commitment, past experiences, motivation, ability to apply information and many other factors. You agree that there are no guarantees as to the specific outcome or results you can expect from using the counseling or information you receive on or through this website.

No Guarantee as to Results (Student Services)

You understand that Annette Adams, MDA, RDN, LD/N has not made any guarantees about the results of taking any action, whether recommended on this Website or during coaching sessions. Annette Adams, MDA, RDN, LD/N provides educational and informational resources that are intended to help users of this Website as well as coaching clients succeed. You nevertheless recognize that your ultimate success or failure will be the result of your own efforts, your specific situation, and innumerable other circumstances beyond the control and/or knowledge of Annette Adams, MDA, RDN, LD/N.

You also recognize that prior results do not guarantee a similar outcome. Thus, the results obtained by others – whether clients of Annette Adams, MDA, RDN, LD/N or otherwise – applying the principles set out in this Website and through coaching sessions are no guarantee that you or any other person or entity will be able to obtain similar results.

Assumption of Risk

You understand that any mention of any suggestion or recommendation on or through my website is to be taken at your own risk, with no liability on my part, recognizing that there is a rare chance that illness, injury or even death could result, and you agree to assume all risks.

Limitation of Liability

I do not assume any liability for your use of this website. You agree that I will not be liable to you, or to any other individual, company or entity, for any type of damages, including direct or indirect for use of my website.

Errors and Omissions

Every effort has been made to present you with the most accurate information, but because the nature of nutrition research is constantly evolving, Annette Adams, RDN, LD/N cannot be held responsible or accountable for the accuracy of the content. I make no warranty or guarantee as to the accuracy, timeliness, performance or completeness of the information on this website. I assume no liability for errors or omissions on the website.

No Endorsement

Any link included on this site does not imply my endorsement, sponsorship, or approval of that website or its owner. I do not endorse and I am not responsible for the opinions, statements, errors or omissions provided by these links referenced in my website or its content. I have no control over the contents of those websites and I do not accept responsibility for any loss or otherwise that may arise from your use of them. Conversely, if my website link appears in any other website, program, product or services, it does not constitute my formal endorsement of them, their business or their website.

Affiliates

I may promote or partner with another individual or business whose philosophy aligns with my own. There may be instances where my promotion of their services might result in financial compensation or other rewards. Please note that I am highly selective and will only promote another program or service if I feel it has rigorously met my own ethical standards. You agree that any promotion or marketing I do on behalf of another website or business does not serve as a formal endorsement. You are expected to use your own judgement to ensure you are making a decision that is right for you as an individual and are expected to research effectively to ensure you are informed. You are assuming all risks, and you agree that I am not liable in any way for any program, product or service that I may promote, market, share or sell on or through my website.

By using my website you are agreeing to the entirety of the above Disclaimer. If you have any questions about this Disclaimer, please contact Annette Adams, RDN, LD/N at (407) 967-9675.